

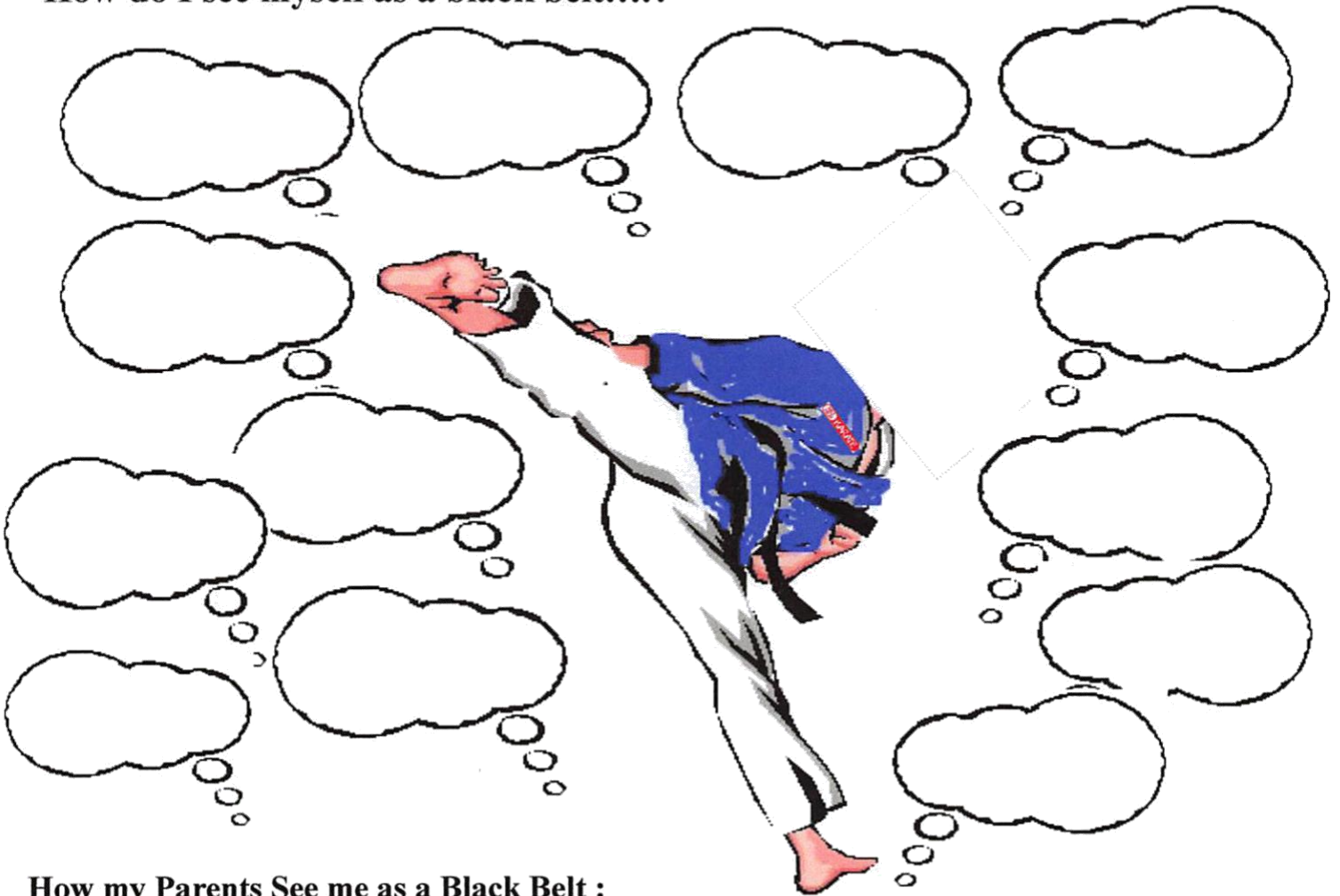
Make A Definite Commitment

Concerning all acts of initiative (and creation) there is one elemental truth, the ignorance of which kills countless ideas and splendid plans: THAT THE MOMENT ONE DEFINITELY COMMITS ONES SELF, THEN PROVIDENCE MOVES TOO.. All sorts of things occur to help one that would otherwise never have occurred.

Date I Will Earn _____ Degree Black Belt

Is _____ Self Motivation Arrives Through Visualisation.

How do I see myself as a black belt....?



How my Parents See me as a Black Belt :

My Name: _____

1. _____
2. _____
3. _____
4. _____

In the thought bubbles put the qualities you have as a Black Belt. How do you define Black Belt Excellence? Paint draw or put a photograph of your face on top of the black belt figure.

Ask Parents to fill in 6 things they see you doing or your success attitudes you h as a black belt. Turn in to your instructor for an attitude stripe.